

MANUAL TRIBE

WATER



EGYPT

RETURNING HOME

FROM 28 APRIL TO 5 MAY 2026

ANA OLIVEIRA

THE TRIBES ON THIS JOURNEY

We all carry a soul code and a personal map.

This map is composed of geometry and key numbers.

The first code is 4x3, representing the square and the triangle, that is:
earth x ascension | matter x spirit.

Remembering that energy in the Universe can manifest from the inside out or from the outside in, the square, or cube, appears as the base that sustains this spirit. It represents the temple, or the chalice, from which essence manifests.

It is in this code, the four, that we find the four tribes. On this journey, they correspond to the tribes of the four elements: **Fire, Earth, Air, and Water.**

When these four forces unite and support the pillars of the temple, the triple flame finds the necessary foundation to manifest.

From the other code, the three, the Guardian Families emerge, inviting us to remember universal aspects present within us.

By unifying the $4 \times 3 = 12$ families, we open the opportunity to complete the map of our soul, allowing this return home to happen with more lightness and greater clarity about each person's life mission.

Whenever we embark on this path of integration and recognition of these aspects, we open the field to integrate the numbers 72 and 144.

What this means in practice

We create space to unify the “separated” parts and have the opportunity to regenerate the infinite potentials contained in the soul map.



WATER TRIBE

Our bodies are mostly water, around 70%
And water, as an element that holds
memory, guides us to cellular and
ancestral memories, those that remind us
of our origin and the purpose of life.

And of course... when we talk about
water, it's not about remembering with a
logical mind, but feeling... through the
faculties and gifts of the senses.

CONNECT

GALACTIC CODE - WATER TRIBE



HOW TO USE IT

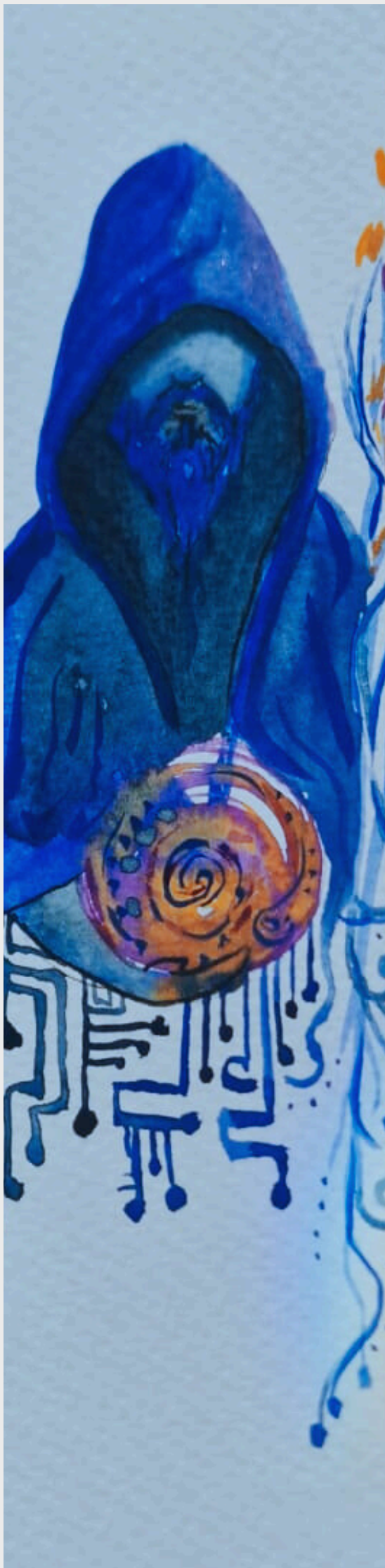
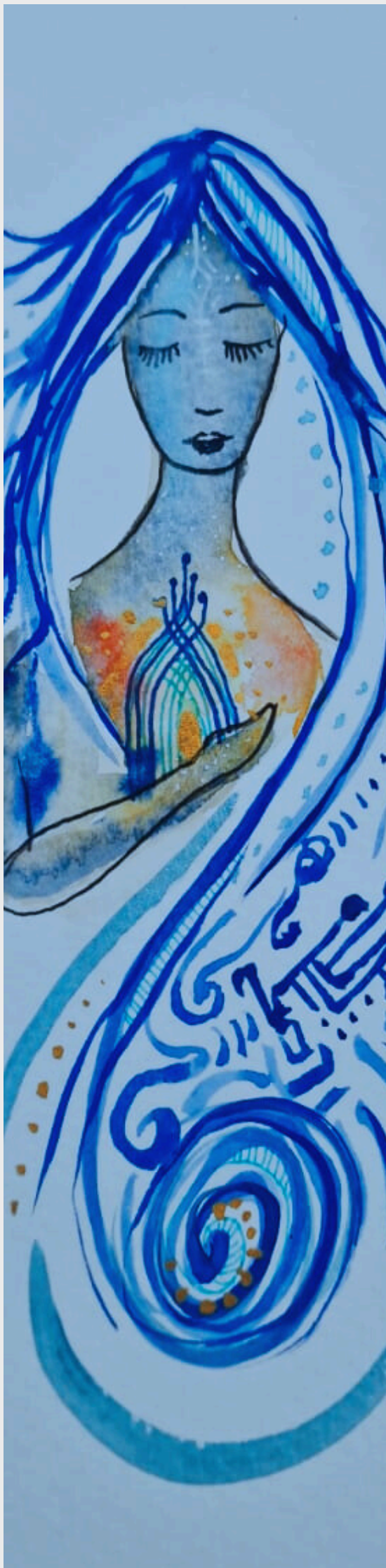
Observe the code for a few minutes.

Close your eyes and internally affirm:

"I activate and update my cellular memory to prepare and tune into the great potential of this journey, in alignment with the expansion and truth of my soul."

THE THREE FAMILIES

GUARDIANS OF THE WATER TRIBE



GUARDIANS OF THE HOME
GUARDIANS OF THE MYSTERY
GUARDIANS OF THE DREAMS

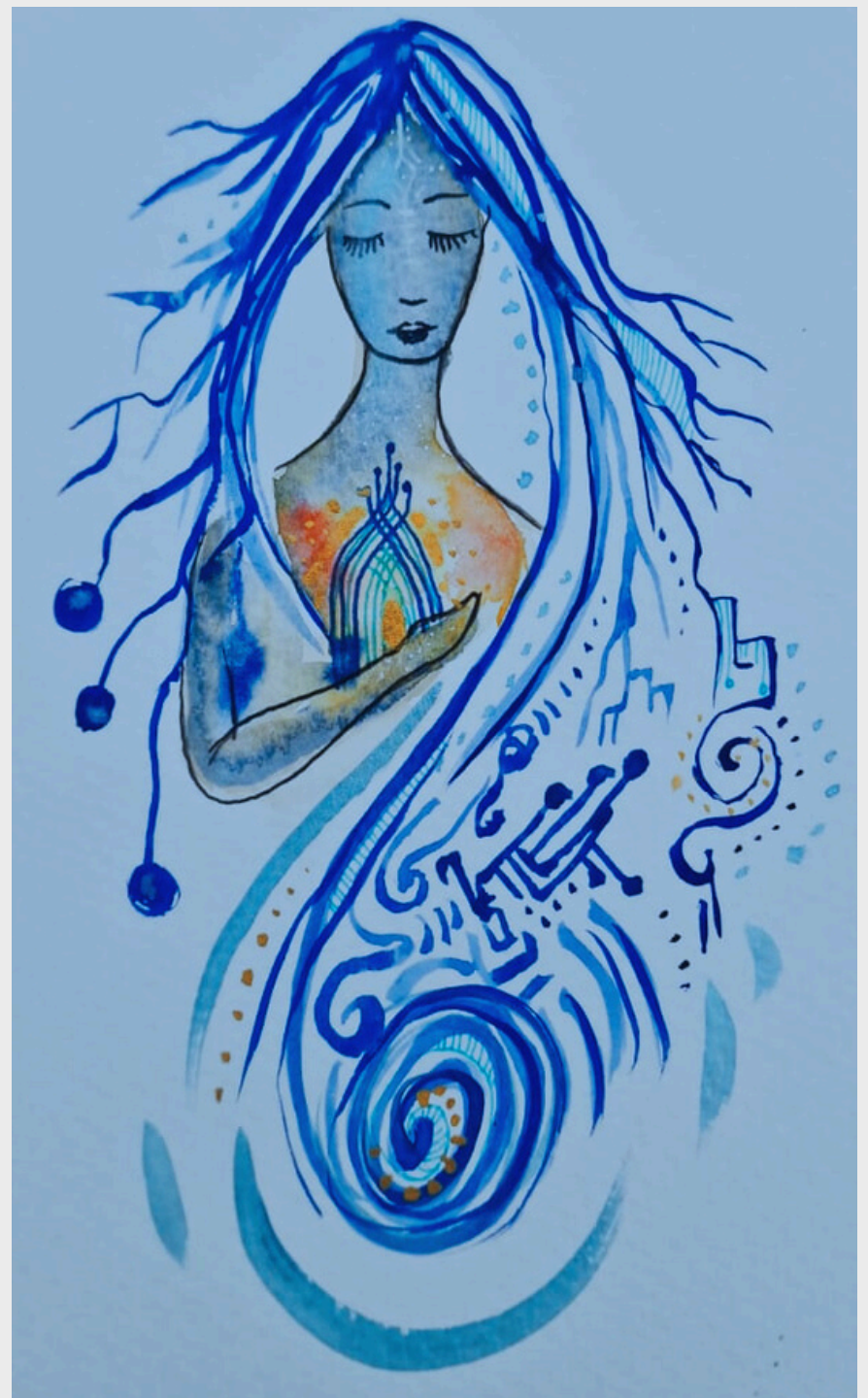
GUARDIANS OF THE HOME

WATER TRIBE FAMILY

This Guardian Family reminds us of the importance of caring for our Home.

Thus, it becomes essential to define what a home means to us.

And, being a Water Tribe, the questions arise:
What memories do we have of a home?
What ideals?
What sensations?
What dreams or wishes?



When more painful memories arise, these Guardians guide us to the inner temple, that sacred space where nothing can be threatened, teaching us to care for this safe space.

We learn to share and set boundaries, ensuring that our home is also the sacred temple from which the Great Spirit manifests.

**-FROM MY SAFE PLACE, DO I NURTURE A SPACE OF SELF-LOVE THAT WELCOMES AND NOURISHES OTHERS IN THE SAME WAY I SET BOUNDARIES TO PRESERVE THE WELLBEING OF MY INNER TEMPLE?
OR DO I SIMPLY CLOSE THIS HOME SO THAT NOTHING CAN CORRUPT IT?**

GUARDIANS OF THE MYSTERY

WATER TRIBE FAMILY

This Guardian Family reminds us of the importance of connecting with the Mysteries of the Universe, with invisible, mystical, and esoteric forces.

They invite us to feel and traverse the fears that often distance us from wholeness, making us believe in separation.

They call us to merge with greater forces, those that create realities.

They ask for a balance between personal power and divine power, so that the universal expression of the Mages we are can manifest.

They also care for the mysterious forces, so that we can, in coherence, create from this alignment with the WHOLE.



-WHAT WITHIN YOU IS AFRAID TO BE REVEALED, YET HOLDS GREAT POWER AND POTENTIAL?

GUARDIANS OF THE DREAMS

WATER TRIBE FAMILY

This Guardian Family helps us return to the WHOLE through dreams.

Whether through the astral world, or through what we call a dream, or a desire for ourselves or our lives.

As the Portuguese song “Pedra Filosofal” reminds us:



“They neither know nor dream
That the dream commands life
And that whenever a man dreams
The world leaps and moves forward
Like a colorful ball
Between the hands of a child”

These Guardians are like godparents to any artist, as they remind us of beauty amid chaos and the power to make dreams reality.

I feel they use artists as channels to cultivate faith, hope, and the magic of life, reminding us at every moment that this planet was not created for suffering, but for LIFE.

-DO I ALLOW MYSELF TO WEAVE A FUTURE TOWARD THE NEW, OR DOES THE WEIGHT OF THE PAST LIMIT THE POWER I HAVE TO CREATE?

more info

WATER TRIBE AND ITS GUARDIAN FAMILIES

On YouTube, you'll find videos with insights about these Guardians and guided meditations to connect with them in a deeper way.

[WATER TRIBE](#)

[GUARDIANS
OF HOME](#)

[GUARDIANS
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*EXTRA SUGGESTION:

Even if you don't connect with artistic expression, I invite you to take paper and a blue pen and express your codes related to these Guardians.

